

COVONIA HERBAL MUCUS COUGH SYRUP

150ml
Do not store above 25°C. Store in original container.
Use within 28 days of first opening.
Some deposits may form on storage.
This is normal and can be mixed by shaking.
Traditional Herbal Registration Holder and Manufacturer:
Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.
THR 00240/0371 24315705
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▶ IMPORTANT: Peel here & read all text inside BEFORE use. ▶

Covonia Herbal Mucus Cough Syrup is a traditional herbal medicinal product used for relief of the symptoms of mucus coughs and colds based on traditional use only.

SHAKE THE BOTTLE. Take the syrup by mouth. **Adults, the elderly and children over 12 years:** Take 2 x 5ml spoonfuls every 4 hours if required but not more than 4 doses (40ml) in any 24 hours. **Not recommended for children under 12 years. Do not use for more than 7 days. DO NOT EXCEED THE STATED DOSE.**

Do not take this medicine if you:

- Are an alcoholic.
- Have breathing difficulties.
- Have raised pressure in your head.
- Have heart, liver or kidney problems.
- Are allergic to anything in this medicine.

Peel where shown for further precautions. Keep out of the sight and reach of children.

Active ingredients per 5ml of syrup:
0.007ml liquid extract Ipecacuanha root,
0.125ml liquid extract Licorice root,
0.26ml liquid extract Indian Squill bulb.

Also contains: Each 5ml of syrup contains 2.3g of sucrose and 0.19ml of ethanol (alcohol).

See reverse for full list.

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Covonia Herbal Mucus Cough Syrup contains extracts of liquorice, ipecacuanha and squill which belong to a group of medicines known as expectorants. They help remove phlegm in people with chesty coughs and colds.

1. Before you use this medicine

■ **Do not use the medicine if you have....**

- An **allergy** to any of the ingredients listed in section 3.
- An **allergy to colophony** (pine resin) which is contained in some cosmetic products e.g. lipsticks and eyeshadow.
- Any type of **heart or circulation complaint**.
- **Kidney problems**.

Do not take with other **liquorice** containing medicines as serious side effects may occur eg. water retention, high blood pressure, irregular heartbeat.

If symptoms worsen or persist for more than 1 week consult your doctor or qualified healthcare practitioner.

■ **If you are taking any of the following medicines, do not take this medicine and consult your doctor:**

- For any heart problems or high blood pressure.
- Corticosteroids.
- Digoxin or any medicines for a heart condition.
- Stimulant laxatives e.g. senna.
- Medicines that may affect potassium or sodium levels in the body.
- Medicines which may interact with alcohol e.g. metronidazole.

P1



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■ Consult your doctor before taking this medicine if you have high blood pressure, a liver disorder or low potassium levels (hypokalemia).

■ If you have difficulty breathing, fever or discoloured green phlegm talk to your doctor.

■ **Pregnant or breastfeeding....**

Do not use if you are pregnant or are breastfeeding.

■ **Important ingredient information**

- Contains 2.3g of sucrose per 5ml dose. If you have an intolerance to some sugars, contact your doctor before taking this medicine.
- It also contains 3.7% vol ethanol (alcohol), i.e. up to 295mg per 10ml dose, equivalent to 7.5ml beer, or 3.1ml wine per dose. Harmful for those suffering from alcoholism. To be taken into account in children, pregnant women and high risk groups such as patients with liver disease or epilepsy.
- If affected by alcohol, do not drive or use machines.

2. Possible side effects:

Like all medicines Covonia Herbal Mucus Cough Syrup can have side effects, although these don't affect everyone.

Possible side effects are:

- Feeling sick or being sick.
- Diarrhoea.
- Heart problems.
- Low blood potassium levels which can cause muscle weakness or twitching.

If you notice these or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

P2

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

3. Further information

■ **If you accidentally take too much** see a doctor straight away. Take the pack with you to show which medicine you have swallowed. • Do not use after the expiry date. The expiry date refers to the last day of that month. • Return any unused medicine to the pharmacy for disposal.

The active ingredients per 5ml of syrup are: 0.007ml liquid extract from Ipecacuanha root (*Cephaelis ipecacuanha* (Brot.) A. Rich.) Extract solvent: Ethanol 80% v/v. 0.125ml liquid extract from Licorice root (*Glycyrrhiza glabra* L.) Extract solvent: water. 0.26ml liquid extract from Indian Squill bulb (*Drimia indica* (Roxb.) JP Jessop (1:5) Extract solvent: Ethanol 55% v/v.

The other ingredients are: pumilio pine oil, capsicum tincture (capsicum oleoresin), arrowroot, menthol, peppermint oil, anise oil, sucrose, black treacle, honey, acetic acid glacial, sodium benzoate (E211), ethanol and purified water.

What the medicine looks like

Covonia Herbal Mucus Cough Syrup is a dark brown syrupy liquid. It is supplied in 150ml and 300ml bottles.

This label was last revised in June 2015



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